Self-Advocating Procedure

Your rights and feelings matter!

If you are having trouble or worries with a mentor, any other support staff, program, or if you are having concerns about work or home, report it!

Who to notify, who can help;

- 1. Talk to your mentor or job coach. *Need more help....*
- 1. Call your Guardian (if you have one) or a family member. *Need more help....*
- 2. Call Guide management (Lisa or Amanda) 860-887-9393 *Need more help....*
- 3. Call the Guide Director-Lena Bean 860-934-5006 *Need more help....*
- 4. Write to the <u>Guide Board of Directors</u> and mail to; Guide Inc. ATTN: Board of Directors 129 Asylum St. Norwich, CT 06360

Need more help....

Contact your DDS Case Worker
(See IP and med consult for their name and number)

Name: _____

Phone #: _____

Need more help....

6. Would you like help advocating for yourself? Talk to your Peer Advocate:

