

SERVICE PLAN ELEMENTS

Service Plans are based on an individual's needs and abilities with the primary focus on health, safety and personal growth.

* SAFETY- Identify emergencies, use 911, self-evacuate, first aid, home and community safety skills.

* MEDICAL- Medical appointments, medication management, and record keeping.

* FINANCIAL- Money handling, bill paying, banking and budgeting.

* DAILY LIVING SKILLS- Personal care and home care.

* NUTRITION - Planning & preparing meals, shopping and safe food storage.

* EDUCATION - Creative daily learning and awareness of formal education opportunities.

* EMPLOYMENT - Support and encourage community based employment.

* TRANSPORTATION - Teach the use of public transportation and provide transportation as needed.

* RELATIONSHIPS - Support the importance of family and friends. Encourage respect of others.

* COMMUNITY AWARENESS - Provide opportunities for awareness and participation in community events.

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guide, inc.



Mentoring over 30 years

SUPPORTED LIVING

***ACHIEVING
INDEPENDENCE***

ABOUT THE CORPORATION

Guide was organized in 1994 for the primary purpose of providing the services of a Supported Living Program to mentally and / or physically challenged individuals.

Services are provided within the homes and communities of the programs' participants.

Participants and families are provided with a phone number that is available 24 hours a day for emergencies; and 7:00 am to 4pm, Monday thru Friday for all other communications.



The Supported Living Program is designed to provide guidance to the participants and enable independent living. Guide mentors assist and

teach individuals in the fundamentals of daily living skills as outlined in a service plan. Supports encourage healthy lifestyles including areas of nutrition, active living, clean environments and community participation.

SUPPORTED LIVING SERVICES



The service plan and teaching strategies are designed for each individual based on their current abilities, needs and goals.

The plan is developed, reviewed and revised at team meetings. Teams consist of the participant, their mentors, family members, case managers, social workers and medical personnel as needed.

SUPPORTED LIVING'S GOAL



Ultimately, a successful plan with effective teaching strategies results in the participant

achieving a level of independence that enables them to live in the community of their choice. They may choose to live alone, with a roommate, or with a partner.

Guide's services provide participants with techniques to live a healthy and safe lifestyle with self worth, personal pride, and personal choice.

